

# Summer Special Training: EAST, 2018

## LOCATION:

Hampshire College - 893 West. St. Amherst, MA 01002

## DATE & REGISTRATION:

June 13th – 17th, 2018

Registration: Wednesday the 13th **strictly** between 3:00pm – 9:00pm.

**DON'T BE LATE!** *Be considerate of those running registration - they will need rest as well!*

(In the event of late arrival please call the contact information provided at the bottom.)

## S.T. LEADER: TBD

## APPLICATION INFORMATION:

Participation Fee: \$375.00 USD

*Late fee in effect if postmarked after **May 28th** (+\$50.00 USD) No exceptions.*

Make checks payable to "**Shotokan Karate of America**".

Mail application **with** payment to:

(Please save trees - print **2X SIDED**)

**Shotokan Karate of America**

**P.O. Box 2083**

**Amherst, MA**

**01004 - 2083**

Members **MUST** be current on annual dues to SKA to participate in Special Training.

Be prepared to submit annual dues **upon registration**.

NOTE: APPLICATIONS SUBMITTED ELECTRONICALLY **IS NOT** FULL REGISTRATION.

FORMS INCLUDING PAYMENT MUST BE PHYSICALLY MAILED.

**NO EXCEPTIONS**

### **\*\*\* NOTICE FOR SHODAN CANDIDATES \*\*\***

*Include a **separate check/payment of \$425.00 USD***

*with S.T. registration.*

(Includes 1.5 years of BBC dues + cost of new embroidered black belt.)

Payment is 100% refundable in the event of not passing the Dan test.

*Recommending senior's name, signature and date of signature,*

**ARE REQUIRED** on the S.T. registration form.

### **\*\*\* NIDAN / SANDAN CANDIDATES:**

Indicate your intent to test on the S.T. registration form **regardless** of its designation for Shodans.

*Recommending senior's name, signature, rank for which you are testing and date of signature, **ARE REQUIRED**.*

## ACCOMMODATION:

Majority single rooms – some double rooms in on-site dorm facility.

One bathroom per dorm hall.

Bed, linens, pillow, blanket, and towels are provided.

Free campus Wifi. "Hampguest" *No password required.*

Meals in campus dining commons. (*Note: First meal: **Thursday morning***).

Laundry machines are within dorm facility – detergent not provided.

Practices will alternate between the indoor gym and outdoor fields.

## HEALTH & SAFETY:

- Cover any and all preexisting open cuts or wounds with dressings from your own First Aid supplies that can withstand the rigors of Special Training practices.
- Bring mouth-guards and sparring gloves.
- TRIM fingernails and toes nails BEFORE Special Training!
- A first-aid kit and AED will be on-hand at each practice.
- Use sunscreen for outdoor practices.
- BE ADVISED: Certain practices will be outdoors. Anticipate the risk of bee stings and or sunburn. If susceptible, provide your own EpiPen(s) *clearly named and labeled*.

## TRAVEL:

*PROVIDE TRAVEL INFORMATION AS EARLY AS POSSIBLE.*

Pickup/Drop-off service to Bradley Int. Airport (BDL) by local dojo members will be provided.

Pickup/Drop-off to nearby bus and or train terminals will be provided.

Bus stops and train stations are located in **Amherst** and **Northampton**.

Indicate **ONLY** the following via email to the contact at the bottom. (*Do not forward your entire itinerary.*)

- 1) Your name,
- 2) Arrival airline/train/bus,
- 3) Arrival flight/train/bus#
- 4) Scheduled time of arrival,
- 5) Departure airline/train/bus,
- 6) Departure flight/train/bus#
- 7) Scheduled time of departure.
- 8) Your mobile contact number.

\*\*\* **NOTE:** Last minute changes in travel itinerary occurring *on the day of registration* might be subject to non-pickup. In the event of a delay or late arrival, be prepared to call for cab service when no other impromptu arrangements can be made.

\*\*\* Those traveling by car/carpool will receive tags for parking privileges on campus.

## CONTACT:

Samuel Kanner

914-450-9793

[samuel.kanner@gmail.com](mailto:samuel.kanner@gmail.com)